

Natsu-Gasshuku Helsinki 2025

KSKA Natsu-Gasshuku Helsinki 2025Friday 9th May – Sunday 11th May 2025

Under instruction of the KSKA Shihankai



The first Gasshuku of the year 2025 / Natsu-gasshuku will be held in Helsinki, Finland, where the KSKA welcome your attendance in support of the Academy.

Organisation: Kase Ha Finland
Paul Sammy

Email: tozan.karate@gmail.com

Phone: To be announced

Dojo: Olympic Stadium, Paavo Nurmen tie 1, 00250 Helsinki

Training:
Friday 19:00 - 21:00
Saturday 10:00 - 11:30 and 11:45 - 13:15
Sunday 09:30 - 11:30

Grading: For sandan and higher grades ONLY
Saturday from 14:00

Course Dinner: Saturday 10th May 2025 @ 19:00
Place: Ravintola Caverna, Yliopistonkatu 5, 00100 Helsinki
Price: 55,00 EUR per person, to be paid beforehand to Kase Ha Finland
IBAN: FI30 5290 0220 2093 30 BIC: OKOYFIHH
Please include your name(s) and Gasshuku Helsinki Meal in the payment message.

Accommodation: There are many possibilities in Helsinki City Center (hotels, youth hostels, bed & breakfast, AirBnB, etc...). Please make your own reservations online.
The following 2 hotels are especially recommended, not very far from the Olympic Stadium (walking distance):
Crowne Plaza Helsinki – Hesperia, Mannerheimintie 50, 00260 Helsinki
www.finland.ihg.com/hotellit/crowne-plaza-helsinki-hesperia
Scandic Park Helsinki, Mannerheimintie 46, 00260 Helsinki
www.scandichotels.com/hotels/finland/helsinki/scandic-park-helsinki

Travel: Helsinki has a big international airport, so travelling from abroad you will most likely land in Helsinki. From the airport, it is recommended to take the train to the city center where most accommodations can be found to stay, it takes about 30 minutes. More information can be found following the link on the next page:

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- Travel:** www.finnair.com/en/airports/helsinki-airport/access
More info will follow when available.
- KSKA Passport:** Registration opens 30 minutes before the start of the training.
Members please present your KSKA passport to the Secretary upon registration for signature of attendance.
- Course Fee:** Non-KSKA Members: 60,00 EUR full course or 15,00 EUR per training.
KSKA Members: no charge.
- Participant Level:** All non-members are welcome to attend from the level of **3rd kyu** (brown belts) and above.
- GDPR:** Please note that a group photograph will be taken during this course and could be published on the KSKA website and/or Newsletter. Should you wish not to participate due to privacy reasons that is your prerogative and you should withdraw whilst the photograph is being taken.
Other than the above and as far as is reasonably practicable, the taking and publishing of video or photographs will be restricted, but the KSKA cannot not be held responsible for individual actions that fall outside of our control. There can be a KSKA video recording of the instructions.
- KSKA Note:** The course organiser and/or Kase Ha Shotokan Ryu Karate-Do Academy cannot be held responsible for any loss, damage or injury that may occur during the Gasshuku.